



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 09177, Mangosteen, canned, syrup pack

Report Date: June 30, 2017 15:02 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	80.94	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Energy	kcal	73	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1996
Energy	kJ	305	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	0.41	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Total lipid (fat)	g	0.58	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Ash	g	0.16	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Carbohydrate, by difference	g	17.91	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1996
Fiber, total dietary	g	1.8	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
<strong>Minerals</strong>													
Calcium, Ca	mg	12	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Iron, Fe	mg	0.30	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Magnesium, Mg	mg	13	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P	mg	8	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Potassium, K	mg	48	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Sodium, Na	mg	7	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Zinc, Zn	mg	0.21	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Copper, Cu	mg	0.069	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Manganese, Mn	mg	0.102	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	2.9	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Thiamin	mg	0.054	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Riboflavin	mg	0.054	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Niacin	mg	0.286	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Pantothenic acid	mg	0.032	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Vitamin B-6	mg	0.018	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Folate, total	µg	31	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	31	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Folate, DFE	µg	31	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2003
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	11/1996
Vitamin A, RAE <sup>1</sup>	µg	2	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Carotene, beta <sup>1</sup>	µg	16	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Carotene, alpha <sup>1</sup>	µg	1	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Cryptoxanthin, beta <sup>1</sup>	µg	9	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Vitamin A, IU <sup>1</sup>	IU	35	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
<b>Lipids</b>													
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/1996

Sources of Data

<sup>1</sup>Nutrient Data Laboratory, ARS, USDA Nutrient content of ethnic and geographic specific foods, Southern Testing and Research Laboratories, 1995 Beltsville MD